

3. Dispose of waste properly

What is waste?

- Human
- Food & cooking
- Stock
- Hunting/fishing
- Washing

Human

We are fortunate here in Idaho, despite the 1.2 M visitations per year to just the Sawtooth area, that we do not receive the usage that some other states, like California, receive. However, even here, haven't you somewhere, come across a 'Charmin Lily' or two?? (display)

How do you feel when you see a Charmin lily? Disgusted, unsanitary

TP DOES NOT disintegrate that readily.

- ▲ Catholes (U dig it example; shovel and TP example)
 - 70 adult steps from water, trail, camp which we will do anyway to ensure our privacy
 - Choose places where someone is unlikely to find it which again we will do anyway to ensure our privacy
 - 6-8" deep,
 - Recommend to carry a baggie with you and put your TP in it, then put it in camp trash.
 - TP doesn't disintegrate as readily as we might think
 - Not recommended that you burn your TP
 - not sanitary,
 - doesn't burn completely,
 - Potential for starting forest fire since heat can travel through ground.
 - Once done with business, refill the hole, cover with rocks to deter critters, naturalize
 - disperse cat hole sites which again we will do anyway to ensure our privacy
 - Pack out feminine hygiene products
- ▲ Latrines
 - Use with children or base camp
 - Use same care in selecting as site as you do for a personal cat hole.
 - After each use cover with a shovelful of dirt to decrease flies, smell, and critter visitations.
 - Don't make it huge; when full, cover and move as necessary
 - 6-8" deep and long enough for party
 - Cover and Naturalize when done
- ▲ Pack it out
 - Heavily used areas with minimal campsites, like river corridors; you do have to pack it out.
 - Many lightweight, portable toilets available
- ▲ Urination
 - Little effect and minimal health threat
 - Could cause odor if everyone does it in the same place
 - Concentrated spots can attract critters in search of salts

Cooking

- ▲ Dish washing away from water
 - Minimize the amount of soap (I always like to wash – helps me clean up and I hate to cook!)
 - Use sieve or cheesecloth (this is a two person operation) to filter dish water away from camp and water source. Ground will filter.
 - put food scraps in baggie and pack out.
 - WHY??
 - Food waste does not deteriorate quickly – unsightly
 - can draw critters that become camp pests.

Fishing/hunting

- ▲ Consider how the remains look in high use area – trail head, near a trail.
 - Smells, draws flies
 - Attract critters that should not interact with humans.
 - Ruins the hunting opportunity for those that follow.
 - Move away from trail, trail head, camp, can bury
- ▲ What about fish guts?
 - Throw into water, puncture air bladder. (Check IDAHO fishing regs on this)
 - Bury
- ▲ Be considerate of the sportsmen following you

Washing

- ▲ Should I bathe in the river? I have biodegradable soap. Isn't that good enough? Why??
- ▲ Can use of collapsible feed/water bag for hair washing, sponge bath
- ▲ Another option is waterless soap

General Camp Waste

- ▲ Since you already packed it in; Best to pack it out

Stock

- ▲ Kick apart manure piles if grazing.
- ▲ Talk about dispersal of manure with highline: Under low conifers; disperse away from camp; backpackers often offended by manure – we are used to manure,
 - How do you, as horse person feel when you see manure 'piles' at the trailhead or in the back country?
- ▲ Talk about dispersal or packing out from trail head.

Again – why should we do this?? MINIMIZE the evidence of our passing.

Co-instructors do you have anything to add?

What questions do you have??