

### **3. Dispose of waste properly**

What is waste?

- Human
- Food & cooking
- Stock
- Hunting/fishing
- Washing

#### **Human**

We are fortunate here in Idaho, despite the 1.2 M visitations per year to just the Sawtooth area, that we do not receive the usage that some other states, like California, receive. However, even here, haven't you somewhere, come across a 'Charmin Lily' or two?? (display)

How do you feel when you see a Charmin lily? Disgusted, unsanitary

TP DOES NOT disintegrate that readily.

- ▲ Catholes (U dig it example; shovel and TP example)
  - 70 adult steps from water, trail, camp which we will do anyway to ensure our privacy
  - Choose places where someone is unlikely to find it which again we will do anyway to ensure our privacy
  - 6-8" deep,
  - Recommend to carry a baggie with you and put your TP in it, then put it in camp trash.
  - TP doesn't disintegrate as readily as we might think
  - Not recommended that you burn your TP
    - not sanitary,
    - doesn't burn completely,
    - Potential for starting forest fire since heat can travel through ground.
  - Once done with business, refill the hole, cover with rocks to deter critters, naturalize
  - disperse cat hole sites which again we will do anyway to ensure our privacy
  - Pack out feminine hygiene products
- ▲ Latrines
  - Use with children or base camp
  - Use same care in selecting as site as you do for a personal cat hole.
  - After each use cover with a shovelful of dirt to decrease flies, smell, and critter visitations.
  - Don't make it huge; when full, cover and move as necessary
  - 6-8" deep and long enough for party
  - Cover and Naturalize when done
- ▲ Pack it out
  - Heavily used areas with minimal campsites, like river corridors; you do have to pack it out.
  - Many lightweight, portable toilets available
- ▲ Urination
  - Little effect and minimal health threat
  - Could cause odor if everyone does it in the same place
  - Concentrated spots can attract critters in search of salts

## Cooking

- ▲ Dish washing away from water
  - Minimize the amount of soap (I always like to wash – helps me clean up and I hate to cook!)
  - Use sieve or cheesecloth (this is a two person operation) to filter dish water away from camp and water source. Ground will filter.
  - put food scraps in baggie and pack out.
    - WHY??
      - Food waste does not deteriorate quickly – unsightly
      - can draw critters that become camp pests.

## Fishing/hunting

- ▲ Consider how the remains look in high use area – trail head, near a trail.
  - Smells, draws flies
  - Attract critters that should not interact with humans.
  - Ruins the hunting opportunity for those that follow.
  - Move away from trail, trail head, camp, can bury
- ▲ What about fish guts?
  - Throw into water, puncture air bladder. (Check IDAHO fishing regs on this)
  - Bury
- ▲ Be considerate of the sportsmen following you

## Washing

- ▲ Should I bathe in the river? I have biodegradable soap. Isn't that good enough? Why??
- ▲ Can use of collapsible feed/water bag for hair washing, sponge bath
- ▲ Another option is waterless soap

## General Camp Waste

- ▲ Since you already packed it in; Best to pack it out

## Stock

- ▲ Kick apart manure piles if grazing.
- ▲ Talk about dispersal of manure with highline: Under low conifers; disperse away from camp; backpackers often offended by manure – we are used to manure,
  - How do you, as horse person feel when you see manure 'piles' at the trailhead or in the back country?
- ▲ Talk about dispersal or packing out from trail head.

Again – why should we do this?? MINIMIZE the evidence of our passing.

Co-instructors do you have anything to add?

What questions do you have??